# Austin Regenerative Therapy



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Unlock your potential for a healthier, longer life with our Future-Proof Health and Longevity Concierge Programs. Designed to provide personalized, cutting-edge medical care and support, our programs offer comprehensive solutions to optimize your health and combat the aging process. Begin your journey with a complimentary discovery call and experience our three-step

process to start aging strong.

### Start with a **Complimentary** Discovery Call

Begin your journey towards optimal health and longevity with a free discovery call. Our expert team will discuss your health goals and explain how our concierge programs can help you achieve them.

# THE THREE-STEP PROCESS

#### Lab Test and Intake Form

We start with comprehensive lab tests and an intake form to gather crucial information about your current health status. This allows us to understand your unique health needs and create a personalized plan.



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#### Comprehensive Consultation - \$2,500

Our in-depth consultation includes a detailed analysis of your lab results, a thorough evaluation of your health, and tailored health optimization recommendations. This consultation lays the foundation for your personalized longevity plan.

### Membership and Aging Strong

Choose the program that best suits your health goals and start your journey to aging strong. We offer 2 premier programs.

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# LONGEVITY OPTIMIZATION PROGRAM

Begin your journey towards optimal health and longevity with a free discovery call. Our expert team will discuss your health goals and explain how our concierge programs can help you achieve them.

• Bioidentical Hormone Replacement Therapy (BHRT) for Men and Women: Options include pellets, IM injections, topica and oral treatments.

• **Peptide Therapy:** Customized to support various aspects of health and longevity.

• **Core Supplements:** Essential nutrients to support overall health.

• Advanced Supplements for Longevity: Cutting-edge supplements to promote longevity.

• Lifestyle Optimization: Guidance on nutrition, exercise, sleep, and stress management.

• **Quarterly Follow-Up Visits:** Regular check-ins with lab analysis to monitor progress and adjust your plan.

COST: \$10,000/YEAR ( OR \$3,000 QUARTERLY) PLUS THE COST OF ALL HORMONES, PEPTIDES, AND SUPPLEMENTS

# LONGEVITY MAX PROGRAM

COST: \$55,000/YEAR (OR \$4,950/MONTH)

For those seeking an all-inclusive, premium experience, our Longevity Max Program offers unparalleled support and services to maximize your health and longevity. This program includes:

• All Hormones: Comprehensive hormone therapies, including testosterone (pellet, IM, or topical), progesterone, estradiol, and desiccated thyroid.

• Advanced Peptide Program: A 12-month cycle targeting the hallmarks of aging, including immune function, mitochondria, brain health, cardiovascular optimization, and body composition.

- Core Supplements: Essential nutrients to maintain overall health.
- Targeted Supplements: Specific supplements tailored to your health needs.
- Longevity Supplement Protocol: A comprehensive plan to support longevity.
- Lifestyle Optimization: Detailed guidance on nutrition, exercise, sleep, and stress management.

• Unlimited Communication: Access to our nurse, MA, health coach, and physician via texts and emails.

- Additional Services: Enjoy a 10% discount on all other services (except TPE, YPE, VSEL).
- \$500 off any Systemic Regenerative procedures: TPE, YPE or VSEL



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# BONUSES TO LONGEVITY MAX PROGRAM

- 2 Longevity IV drips per month.
- 2 Full PNOE Experiences yearly, including VO2

Max (Rest and Active), Metabolic Rate, Nutrition Plan, and Workout Plan based on your test results.

- Monthly InBody Composition Scans.
- 2 TruAge tests for Biological Age or 1 Gallery Test for early cancer detection per year.
- \$1,000 Credits towards Systemic
- Regenerative Procedures (TPE, YPE, or VSEL).
- 10% discount on all procedural services (except TPE, YPE, VSEL).

# **SUPPLEMENTS AND THERAPIES**

## Longevity Peptide Protocol:

2-3 peptides monthly based on a 1-year protocol.

# **Core Supplements**:

- Omega-3
- Zinc

• DIM

- Vitamin D3
  - Magnesium
  - Methyl Factor

# NAD Sp

- Spermidine
- Fatty-15

**Rampamycin:** Included in the Longevity Max Program.

Additional Supplements: Available at a discounted rate.

TAKE THE FIRST STEP TOWARDS A HEALTHIER, LONGER LIFE

At Austin Regenerative Therapy, we are dedicated to helping you achieve your health and longevity goals. Our Future-Proof Health and Longevity Concierge Programs provide the personalized care and advanced medical treatments you need to thrive. CONTACT US TODAY TO SCHEDULE YOUR COMPLIMENTARY DISCOVERY CALL



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